

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON



COURSE OUTLINE

COURSE TITLE: THERAPEUTIC CAMP

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CODE NO.: CCW230

SEMESTER: THREE

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PROGRAM: CHILD AND YOUTH WORKER

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DATE: SEPT. 1994

PREVIOUS DATE: SEPT. 1993

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NEW:  REVISED:

APPROVED: *K. DeRosario*  
Kitty DeRosario, Dean  
Human Sciences & Teacher Ed

DATE *Aug. 4/94*

**\*\*NOTE:** Do not discard this outline. It will be required by other educational institutions if you are attempting to obtain credit for this course.

Therapeutic Camp CCW230

Date: \_\_\_\_\_

Location: Pancake Bay Provincial Park.

This is an intensive one day course.

### **PHILOSOPHY/GOALS**

This two day course provides an intensive learning experience in which students practice therapeutic skills related to the development, delivery and evaluation of a variety of outdoor activities. This course is the Corequisite of Recreation Leadership.

### **STUDENT PERFORMANCE OBJECTIVES**

Upon successful completion of this course, the student will be able to:

1. select activities for specific goals, circumstances and outdoor locations;
2. recognize own strengths and limitations respective of the environment;
3. demonstrate cooperative and team-building skills;
4. participate in the creation and maintenance of a stimulating congenial environment;
5. demonstrate activity planning and implementation skills;
6. evaluate the merits of various outdoor activities.

Child and Youth Workers are responsible for therapeutic programming with children in a wide variety of situations. It is, therefore, essential that students be prepared to lead such activities as camping, outdoor recreation and water safety.

There are a number of issues and responsibilities that the student in CCW230 needs to be aware of:

1. Therapeutic Camp is a Corequisite of Recreational Leadership.
2. Students will be actively involved in planning the venture.
3. Students are responsible for acquiring all necessary supplies such as personal items, tents, and cooking utensils.
4. Menu planning, food buying, etc. is done by the students. In order to effectively ensure a "group experience", all initiatives in this activity will be group oriented.

## Therapeutic Camp CCW230

- \* Once the menu/grocery list is established, the cost of same is divided equally amongst students and faculty.
- 5. Transportation is provided by the College.
- 6. There is a phone for **emergency** use. Visitors are not allowed on site. In case of emergency, a message can be relayed to you by contacting Pancake Bay (705) 882-2209; ask for George Jones. We will be at the group camping area.
- 7. Use of alcohol is not permitted, in accordance with College Policy.
- 8. Bring guitars, tambourine, etc. if available
- 9. Therapeutic Camp will **not** be cancelled in the event of wind, rain or snow.

Specific assignments relative to this venture will be presented in the classroom.

Faculty will provide details and direction for this venture in the classroom and on site.

### METHOD OF EVALUATION

Faculty, as a group, will assess the individual performance of each student and will assign a letter grade accordingly. Criteria for grading will include the following:

1. Planning & supplies acquisition
  2. Participation in all activities
  3. Planning, implementing and writing up activities
    - a. Hike/campfire
    - b. Motor activity
  4. Meal preparation
  5. Constructive, critical analysis of course (written)
  6. Positive demonstration of group skills
- \* Activity write-ups will be turned in to Rec Leadership Instructor. Final paper (critical analysis) will be turned in to Group Dynamics Instructor.
  - \* Pancake Bay camp site is made available to us without charge. It is imperative that all participants maintain appropriate behaviour with respect to park staff and the environment.
  - \* CYW participants must be fully prepared and dressed appropriately. Failure to do so will result in dismissal from the course and an automatic repeat.

### SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**  
**CHILD AND YOUTH WORKER PROGRAMME**  
**Therapeutic Camping Experience**

**Assignment for Grading**

**Item: Nature Trail Hike**

As you may be aware, there will be a nature trail hike on the camping day. All will participate in this mandatory activity. The hike will be led by Mary, Mike, Sandy, and Jeff.

Having an enjoyable day in the forests of Northern Ontario is only a part of the reason for the hike. Of primary concern to us is the opportunity to gain experience with such an activity from the viewpoint of a group leader. This reason, of course, is in keeping with the theme of the entire weekend.

Toward this end, then, we have a small activity for you. We are informing you ahead of time because some preparation will be required of you. One half of the class will be responsible for this assignment (the other half will do the "campfire" events).

During the hike each student will be required to present to the group a short (2-3 min.) activity. You may present the entire activity if in fact it is short, or a portion of a larger activity to show us the potential. The activity **must** be in keeping with the theme i.e. the out-of-doors, nature, hiking, camping, etc. The activity should be geared to an adult level (we will not be role playing on the hike) but you must be able to show how it could be scaled to an adolescent or child level. Please try to involve the group - simply talking to us, without involvement in some sort of activity will be insufficient.

Your initiative will be tested, as you will not be called upon to present - nor will an opportunity be provided by the instructors. It will be up to you seize the initiative and stop the group at the point where you wish to present. You may present at any time from the start of the hike to the finish. The instructors may intervene if too many activities are bunched together.

Evaluation of this activity will form part of the overall evaluation of the camping weekend.

Please talk to one of the instructors if you wish assistance in planning this activity.

Plan well and bring walking shoes!

Thanks.

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**  
**CHILD AND YOUTH WORKER PROGRAM**

Therapeutic Camping Experience

Assignment for Grading

**Item:** Evening activities around the bonfire!

On the camping trip, there will be a variety of evening activities, demonstrating the potential of such experiences to enrich the life of the young person in your care. This, of course, is in keeping with the overall themes of this course.

Many of these activities will be demonstrated and interpreted by the instructors, with input from the students. Some will occur after dark, i.e. "around the bonfire", just as one would find on any well organized camping trip with youth.

As well as the instructors demonstrating activities, students will have the opportunity to show their creative mettle in such a situation.

Your assignment here is to prepare, deliver, and discuss the merits of one "evening activity around the bonfire". You will have up to five minutes for the entire assignment. There needs to be evidence of preparation, but not over-preparation (i.e. do not use too many materials.) The activity itself must be demonstrated and must involve, somehow, the entire group (directly or indirectly). The discussion must include your explanation of how the activity could be used with various ages of youth, and the merits of the activity. Safety issues must be attended to and pointed out to the group. In short, you are to teach the group the activity, and to be certain that we fully understand it.

Please speak with the instructors in advance if you think you will need more than 5 minutes.

You might be wise to prepare a backup activity in case of inclement weather. Also, note that no duplications will be permitted, so be fully prepared.

Activities involving cooking will not be accepted for this assignment.

You will receive no advance notice as to when your turn comes up - you will be expected to be prepared to be called upon in random order.

Plan well and bring warm clothes!

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY  
CHILD AND YOUTH WORKER PROGRAMME**

**Therapeutic Camping Experience**

**Assignment for Grading**

**Item:** Motor Activity

**Name of Student:** \_\_\_\_\_

**Name of Activity:** \_\_\_\_\_

**POOR    AVERAGE    EXCEPTIONAL**

Preparation/ choice relevance	1	2	3	_____
				_____
Introduction	1	2	3	_____
				_____
Carrying out	1	2	3	_____
				_____
Troubleshooting	1	2	3	_____
				_____
Conclusion	1	2	3	_____
				_____